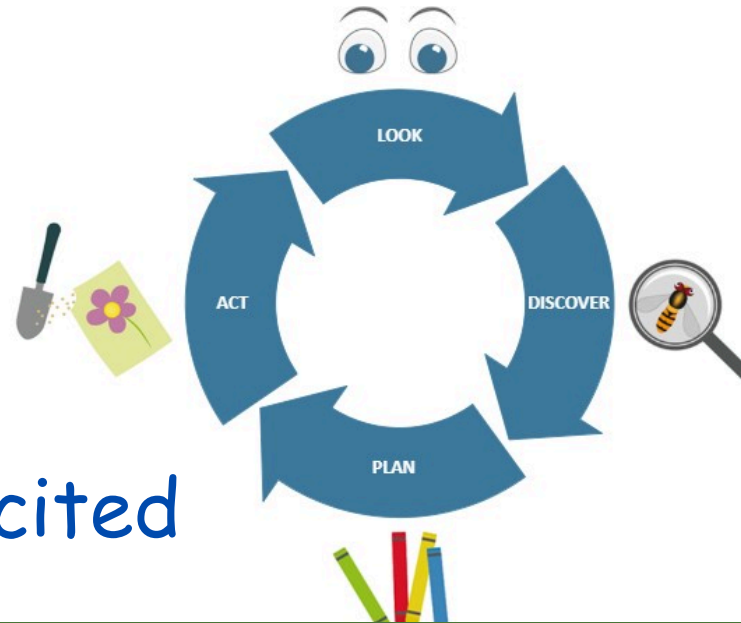


EMOTION MAPPING



Use a map of your school grounds (see reverse of sheet for how to do this) to encourage your young people to highlight/annotate/colour code areas associated with different feelings or emotions.



Happy Worried Excited

What to do

1. Work in pairs/groups to generate a 'feelings word bank' by encouraging discussion around the feelings that different outdoor areas generate.
2. Think about the different colours associated with different emotions.
3. Print off a map of your school grounds (instructions on reverse) and give a copy to each pair/small group.
4. As they move around the grounds can the young people map their feelings – they could use words, colours or images to do this.

Next steps

Use the data layers and aerial imagery in the [NDMS Nature Mapper](#) to explore how different features on the ground such as trees, sports area or playground might relate to the different areas you drew on your emotions map.

You can also find a [range of different ideas](#) on how to make positive changes to your school grounds.

EMOTION MAPPING



To download a map of your school grounds (no registration required)

1. Visit the Nature Discovery Map Scotland Hub and go to the Explore tab and launch the [NDMS Nature Mapper](#) to open up the map.

2. Zoom in to your school. Schools are outlined in purple.

3. You can print this map (recommended) or get an aerial image by clicking on the 'basemap' icon in the righthand corner and selecting 'imagery'.

4. Click on the print icon at the bottom.

5. In the pop-up box, select the most appropriate template (A4/A3/Portrait/Landscape), add a title etc as required and click 'print'. A pdf of the map will appear under the 'Results' tab. Click to download the pdf map and print as normal.



How to get full access to the Nature Discovery Map Scotland toolkit

The toolkit is being rolled out gradually across Scotland. To check if your local authority has agreed that their schools can register for full access to the toolkit please check the [NatureScot website](#).



Registering to use the NDMS is quick and easy and gives you access to the mobile apps (Discoverer App and Explorer App) which allow young people to add data to the map. We ask that one teacher registers per school. This is a valuable toolkit for supporting Learning for Sustainability and HGIOS.

If you are not one of the listed authorities, please contact ndms@nature.scot and we can advise you whether your local authority is close to being signed up or not.